

In sum, the book's English text "reads" easily, although it would have benefited from tighter copyediting. For example, since it is aimed at English speakers wherever they reside, recipe ingredients should have been listed both in grams and ounces. Closer attention to the manuscript would have guaranteed that all items discussed were defined somewhere in the text body, e.g., jujubes and lees, obviating the need to consult a dictionary. What emerges best from this volume is that, indeed, as the author asserts, "Korean cuisine is diverse" (9). Readers will have no difficulty in verifying that statement for themselves. But can readers make the connections that the author claims are evident between what Koreans have historically eaten and their culture with only the material presented? And who are those readers? The general public? Academics? Students?

The general public, "foodies" included, would find this book to be a delicious introduction to, and overview of, Korean culture and history as expressed in its cuisine—subjects not particularly well known or appreciated in the West. Bluntly, there are simply not many books that cover this country's cuisine with any amount of specificity, or provide recipes for making traditional dishes. Even Laurel Kendall's classic, *Getting Married in Korea* (1996), does not go into great detail about the preparations of wedding feast foods, either in the past or currently. There are even fewer volumes in English linking the country's food and history, although one, *The His-*

tory and Culture of Korean Cuisine in the Kegan Paul Library of Culinary History and Cookery series (Gunning 2008), apparently covers much the same ground, albeit more expensively.

An academic audience, composed of culinary historians among others, might find the coverage of historical periods and religious influences on Korean cuisine a bit cursory. Yet, the "References" and "Bibliography" would be extremely helpful to specialists, even though most of the cited works are in Korean. Sociocultural anthropologists teaching comparative courses could assign this book as one of the Korean components with confidence. Indeed, *Korean Cuisine . . .* would be a solid supplemental text in any class focusing on Asian food and culture. For archaeologists working in Korea, the well-illustrated traditional cooking utensils and implements, along with the well-described spatial organization of houses and kitchens might prove useful for interpreting their finds.

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Prehistoric Societies on the Northern Frontiers of China: Archaeological Perspectives on Identity Formation and Economic Change during the First Millennium BCE. Gideon Shelach. London: Equinox Publishing Ltd., 2009. ix + 203 pp.

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This new book builds on more than 15 years of Gideon Shelach's archaeological field research in the Chifeng area of Eastern Inner Mongolia. He previously investigated social and political changes during the Late Prehistoric and early historic periods of this area

(Shelach 1999). Here, however, Shelach expands his geographical scope to cover the entire steppe region across China's northern frontier, the so-called "Northern Zone." He focuses on explaining the process by which an apparent dichotomy emerged from the

second to first millennia B.C.E. between pastoral groups in the steppe regions and agricultural societies to the south. He first argues that there was a great deal more diversity in economic practices among groups in the steppe areas than this dichotomy suggests. In fact, Shelach argues, the transition to pastoralism in the steppe was gradual and sometimes incomplete. Shelach then proposes that the distinctions that developed between these broad regions were “ethnic-like” in the sense that they were the result of emergent social identities rather than economic activities. The emergent steppe identity was based on the conscious use of symbols at a local scale, which both emphasized long-distance interactions and explicitly distinguished steppe societies from the Chinese states to the south.

Shelach constructs his argument over the course of four chapters. He begins with an overview of changes that occurred across the Northern Zone between 1100 and 600 B.C.E. (chapter 2). He then considers evidence for change in economic and political processes (chapter 3), the use of symbols related to identity (chapter 4), and interaction at various local, regional, and global scales (chapter 5). Throughout these chapters he provides an excellent summary of archaeological evidence from across his region of interest. This summary will be a useful resource for other scholars interested in this area.

This book is written for a relatively specialist audience and assumes some familiarity with East Asian history and geography. For example, although Shelach often uses names of Chinese provinces for geographical orientation, the map provided does not include provincial boundaries nor do other figures in the book. Shelach may have deliberately left off these borders to make the point that modern political boundaries often obscure ancient patterns of similarity or difference (Falkenhausen 1995), but consequently the maps are less useful as a reference tool for those not already familiar with the locations of Chinese provinces.

In general, the figures in the book are disappointing, particularly when compared to the excellent quality of the text. For example, the book's first figure (the aforementioned map, Figure 2.1) is included in a color plate

section in the middle of the book, which makes it a little difficult to find. This line map of Northern East Asia includes the national borders of Russia, Mongolia, and China; across the middle it has a color-scale Digital Elevation Model (DEM) to show the topography of the Northern Zone. The map is unprojected so it exaggerates east–west distances in the northern latitudes relative to those in the southern part of the map. This makes the scale bar on the map misleading. It is not clear why the topography provided by the DEM is necessary, since it is mostly not referred to in the text and many of the sites and other geographical referents used in the text (such as province locations or the position of the Great Wall) are not included on the map. These factors, as well as somewhat sloppy placement of river names and unnecessarily thick national borders result in a figure that is not very helpful in orienting the reader. One of only two other maps in the book—Figure 4.9—is also not ideal since the (again unnecessary) topography is too dark and obscures the site locations, a problem because the site locations are the primary reason for the map. Given that the usefulness of Geographical Information Systems (GIS) in archaeological research is touted several times in the book, one would have expected more sophisticated map making.

Shelach rightly claims that using GIS as a tool to examine patterns in archaeological data can lead to new insights. In his discussion of economic factors in chapter 3, he uses GIS to compare site densities from the Lower Xiajiadian and Upper Xiajiadian periods, as well as modern villages across his survey zone in the Chifeng area to modern land-use categories such as pasture, dry agriculture, and irrigation agriculture. His data seem to suggest that the Lower Xiajiadian pattern is similar to that of modern villages that practice intensive agriculture, while Upper Xiajiadian patterns reflect a mixed economy of pastoralism and agriculture. The approach he takes is a useful experiment, but Shelach acknowledges that modern land-use patterns may not reflect prehistoric uses. He suggests that they nevertheless roughly reflect estimates of the agricultural potential of the land in the last two millennia B.C.E. Given the longevity of his

collaborative research in this area, one might expect for him to have presented evidence to support this claim.

One of the strongest aspects of the book is the way that Shelach frames the various theoretical issues considered in terms of contemporary anthropological discourse and offers new ways to address certain issues. For example, any archaeologist working in China is forced to consider how to deal productively with “archaeological cultures” (*wenhua* 文化). Shelach rightly criticizes the propensity of some scholars to uncritically associate such cultures with peoples referred to in historical texts. Furthermore, he points out that structuring one’s analysis based on archaeological cultures can obscure both variability within such cultures and connections between them. He then suggests one way to circumvent these problems by constructing a synthesis of the archaeological data in the Northern Zone according to several categories of material culture: ceramics (most closely tied to the archaeological cultures of the region), metallurgy, settlement patterns, and burial practices. He leaves evidence relating to subsistence practices (such as animal bones and botanical remains) until chapter 3, where an extensive discussion of animal exploitation practices is provided. This approach to the material culture is quite useful as it avoids an over-determination of archaeological cultures. One might argue, however, that it borders on dismissing archaeological cultures altogether, which I would argue are meaningful when understood as shared traditions of (usually ceramic) production that reflect a certain degree of interaction in specific material realms. As Shelach points out, they decidedly do not equal historically identifiable ethnic groups.

Another anthropological topic that Shelach treats rather extensively in both abstract and concrete ways is how the construction of identity can be explored in archaeological contexts. Shelach’s goals are to understand the emergence of different ethnic-like identities in the Northern Zone during the first millennium B.C.E. and frame this emergence within the broader discussion of archaeological approaches to identity. His discussion of this literature (pp. 75–80) is excellent and

does a good job of setting up his conclusions. In chapter 4, Shelach argues that the symbolic behaviors that emerged in steppe burial practices were expressions of identity. He supports this claim by using factor and cluster analyses to explore statistical patterns in graves from two cemeteries in each of the different regions across the Northern Zone, an approach that provides a picture of diachronic changes in each subregion. Among the many useful analytic points Shelach makes in this section is his insistence that one must consider the spatial arrangements of artifacts within a tomb in order to grasp the characteristics of associated burial rituals. Elsewhere I have made a similar point when considering diachronic change in burial practices at Dadianzi, a second millennium cemetery from this region (Flad 2002).

I mention the Dadianzi analysis here because diachronic patterns seen at this site during the second millennium seem to offer an early glimpse of the changes that Shelach sees as characterizing the difference between second and first millennium burial practices. Shelach detects “a shift in emphasis—symbolic and perhaps otherwise—on the small and closely affiliated group such as the family . . . to an emphasis on interactions with people outside of the local community” (p. 112). The emphasis on local communities in his early stage does not relate to a lack of extra-community exchange. On the contrary, he sees “a transition from an unrestricted exchange during the second millennium BCE to an elite interaction (or manipulation) during the first millennium BCE” (p. 140). At Dadianzi, we see a shift from an earlier stage where burial practices involved aggrandizement by members of the community in the context of ritual to a later situation where social status was more firmly set and burial rituals were an occasion to reify that status. This shift may have been related to the emphasis on elite interactions with more distant groups that Shelach sees in the later period of his data set.

A third topic that Shelach discusses at length is “interregional interaction” and various ways that this may be framed in trying to understand change in a region such as the

Northern Zone (chapter 5). He explores migration, trade, center-periphery models, and identity, each of which is framed as a different form of long-distance interaction that may have played a role in the changes observable in the Northern Zone. Quite rightly, he makes the point that early long-range contacts were probably only sporadic. He may have overstated the case against long-distance connections, however.

In his discussion of the possible mechanisms of interaction, he first argues against migration having played a significant role. He then discusses trade. Here I must take issue with two points. First, he argues that trade as an explanatory concept has advantages over migration because it focuses “on objects and raw materials rather than people” and therefore “archaeologists can employ scientific methods . . . to chart transmissions” (p. 137). While most of Shelach’s parsing of anthropological concepts is convincing and nuanced, here he has oversimplified things. Trade concerns people just as migration does. Things can move due to migration just as they can move through trade. Trace-element analysis and other methods that provide information about distance from a raw material source do not unequivocally reflect the process by which things moved. Objects may also be transmitted through mechanisms such as capture during conflict. Studies of sourcing, therefore, do not necessarily privilege trade over migration as an explanation.

A second point concerns the presence of horses at Anyang. Shelach (2009:138), citing Linduff (1997:36–37), argues that “the Shang and Zhou polities did not yet possess the knowledge and experience for horse breeding and grooming.” Trade in horses from the steppe, therefore, was an important, ongoing activity of interaction throughout the period of interest in the book. Although the final point is undoubtedly true, I think it is an overstatement to claim that the Shang, much less the Zhou, did not possess the knowledge of horse grooming. Oracle bone inscriptions suggest that there were royal stables at Anyang. Although possibly manned by specialists from the steppe, the specialists would nonetheless have been part

of the Shang community (Yuan and Flad 2006:129).

Although the book seems targeted primarily toward an academic audience, there are several things missing that such an audience might expect. For example, sometimes radio-carbon dates are listed very imprecisely. One such date is given as “ca. 1390 BCE” (p. 29). We are not told whether this date is calibrated or uncalibrated and nowhere is it stated whether calibrated dates are generally used in the book. Similarly, although appendix 9 does offer a Chinese glossary for site names, other locations, and certain Chinese terms, a list of Chinese terms for vessel types and descriptions would have been useful. For example, Shelach discusses certain features of ceramic vessels including “flower-shaped ledges” (p. 20) and “wavy and flat ‘shelf’ handles and protruding ceramic bands” (p. 21). Since these are not identified in the figures in the book, it would have been useful for a reader familiar with Chinese archaeological literature to know the Chinese terminology for these features so comparison with published reports might be accomplished.

Although there are occasional stylistic quirks in the book, including an inconsistent use of both full Chinese names and only family names in citations and occasional scientific unnecessary overprecision in percentiles (e.g., p. 53), the book is otherwise well edited and easy to read. The prose is accessible, albeit somewhat specialized, and the book will provide a very useful resource for those seeking to understand social change during the last two millennia B.C. in the Northern Frontier of China and compare it with emerging pastoralism in other regions of the world. Shelach’s new book is a very useful addition to the library of anyone dealing with the archaeologies of pastoralism, social identity, interregional interaction, and, of course, the archaeology of prehistoric East Asia.

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